



SUMMER SWAPS on a budget

Introduce vibrant colours and tropical patterns to your home without splashing the cash this season

As we move into the summer months, our minds can't help but turn to new season buys – all those brighter tones, lightweight bedding and new sets of tableware grab our attention. Even a fresh lick of paint on the walls can help boost moods, and as we are finally able to host again, it seems this is the season to get your homes looking and feeling refreshed ready for guests once more. Home updates don't have to cost the earth, though. Here's our pick of the swaps you can make without breaking the bank... **vh**



Feature Yvette Flier



£20
and under

Pop a smile on your face with some motivational quotes on your walls – keep an eye out for prints on trips away to bring home as souvenirs
Take it Easy, Life is Good and Bloomin' Beautiful prints, from £15 each, Eleanor Bowmer



Central Park cushion in Teal and Gold, £19, Fishpools

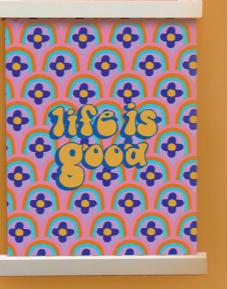
Velvet table lamp in Teal and Brass, £20, BHS



Bora Bora print tea towels, £16.50 for two, Oliver Bonas



Cherries wine glass, £6.50, Cath Kidston



Truly Tropical table runner, £20, Joe Browns

COLOUR & pattern

These play an important role when decorating our homes, especially in the summer. To avoid getting overwhelmed when choosing a theme, recall your cherished memories in the sun and try to incorporate them into your design – whether it's a nod to special holidays, popping uplifting quotes on your wall or even introducing your favourite scents into your home to invigorate your senses and boost feel-good vibes.



Global Explorer pompon trim coasters, £20 for a set of four, Amara



Rainbow rug, £14, Primark



Tropical Starfruit medium jar candle, £20.99, Yankee Candle

► Blackout blinds aren't just a practical purchase. Turn them into a statement piece by selecting a vibrant hue for the slats
Bella blackout vertical blind in Vine Green, from £14.14, Swift Direct Blinds

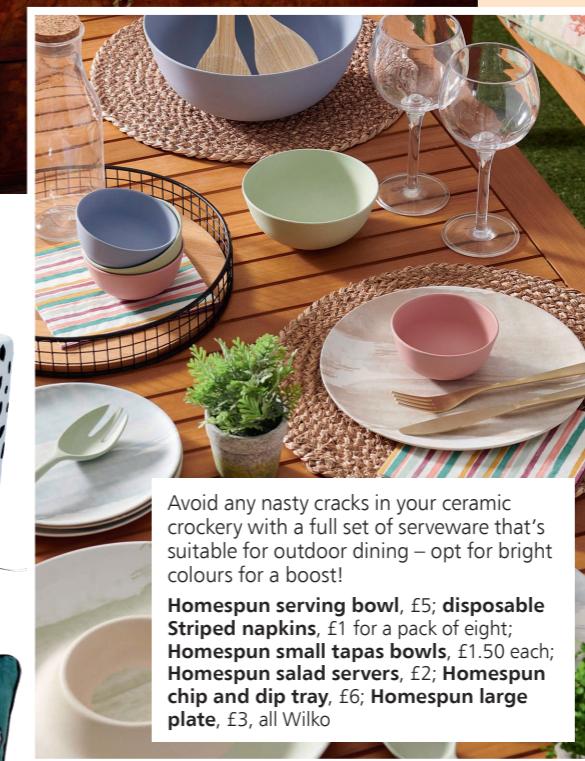


Rainbow rug, £14, Primark

Majari washed cotton pillowcase, £9 each, La Redoute

£10
and under

Don't forget to spruce up all of your rooms this summer. A new set of towels can instantly lift the look of a bathroom without any DIY
Coloured towels, £9.99 each, M&Co



Life is Fantastic Rainbow mug, £10, Eleanor Bowmer



20 LED multicolour rose outdoor micro lights, £8.99, Lights4fun



Marea bowl in Blue, £8, Dwell



Leopard cushion, £8, Wilko

START TO THINK outside the box

Summer swaps don't have to just be about the inside of your home; garden dinnerware can play an important part in transforming your space, too. Look out for crockery made from bamboo or recycled plastic – not only better for the environment but suitable for al fresco dining! Make a strong connection between your interiors and exterior by adding more plants indoors and creating an inviting scheme outside with pretty fairy lights and comfortable cushions.



Turquoise pitcher, £7.99, TK Maxx



Large Lemon platter, £7.50, Marks & Spencer



Les Agrumes No. 1 poster, from £9.95, Desenio



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