

Create a STATEMENT IN YOUR BEDROOM

Want a new design with added wow factor? Take a look at our top ways to create a scheme that really packs a style punch

Words: Yvette Murrell

Invest in your bed
 "It's the piece of furniture where you spend most of your time," says Alistair Hughes, managing director at Savoir. "The headboard gives you plenty of opportunity to make a statement and can always be reupholstered as trends move on." We spend an average of one third of our lives in bed, so it does make sense to start with the basics. "From upholstered panels to oversized tufted headboards available in every colour, size, and material, the options to create a stunning centrepiece are endless," says Nicola Bissoli, head of interior design at The Sofa & Chair Company.

Bonaldo's Lovy bed, designed by Sergio Bicego, comes in a variety of styles and fabrics. Shown here in Lux category velvet in the Mist colourway and a king size, it features a headboard configured with a handy shelf and costs £4455 from Go Modern.



EXPERT ADVICE

"It is important to keep in mind that the bedroom is for sleeping, and so even a statement scheme should make you feel comfortable and relaxed. To avoid a busy look, stick to one standout feature and keep the other areas of the space pared back."
Yvette, features writer

CHANGE UP YOUR MOOD LIGHTING

Think about having multiple areas of illumination: a main overhead design, smaller bedside lamps, and possibly task lighting for a desk or dressing area. Consider having a dimmer switch for either your overhead or bedside solutions, so you can vary the mood and adjust the lighting in the room as you unwind. Pick designs that will help you achieve the look you want, whether it's by the bed or elsewhere. "Think creatively," Peter Bowles, founder and managing director at Original BTC advises. "Floor lights with adjustable arms or even a pair of flow-hanging pendants can make dramatic bedside designs."

left Curiousa & Curiousa's Japonica glass pendant wall light is available in a choice of 23 colours, wood finishes, and flex colours and fittings. Price on application.

FIX UP YOUR FURNITURE

Both fitted wardrobes and freestanding furniture can add wow factor. Made-to-measure storage helps keep clutter at bay, but the choices of doors including colour, pattern, or even mirrored finishes also mean they can really make a visual impact in your interior design. Standalone options can also become focal points in your bedroom while offering you the chance to mix and match pieces.



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The Shape sliding doors of the Tecnopolis wardrobes by Presotto can be customised in a variety of different coloured finishes. They are priced around £8992 (€10,234) for the configuration shown here.

FOCUS ON A FEATURE WALL

There are many ways to draw attention to one wow-factor wall. Go for a really bold paper – botanical patterns, for example, are a key trend right now. You could also think outside the box by using fabrics, tiles, or even wood panelling as cladding behind your bed. “Fabric lined on bedroom walls is a design feature led by Kit Kemp – interior designer to the stars – in many of her hotel chains,” says interior designer Jen Morton. “Covering walls with fabric adds warmth and a tailored, cosy texture you can’t get with paint or paper alone. This could also be carried through to cover boring or unappealing-looking wardrobe doors so only the handles are on show.”

The Florilegium Chrysanthemums wallpaper, £150 for three 3m rolls, is available from Mind the Gap.

Go bold with your flooring

“Carpet is the perfect place to start when creating a cosy bedroom. The texture of wool coupled with a welcoming pattern makes the perfect base to shape a comfortable and inviting interior scheme,” says Lisa Conway, residential marketing manager at Brintons. If you prefer the look of floorboards or tiles, it is still a good idea to include a rug to create comfort underfoot. “Rugs can anchor a bedroom, zone it, add warmth and help to layer décor, but they’re often used as a finishing touch rather than a starting point,” explains Daniel Prendergast, design director at The Rug Seller. “Flipping the usual design process and beginning with the rug can have many benefits. It gives you a chance to build a space piece by piece, rather than getting overwhelmed choosing all of the furniture and soft furnishings at once.” >

The Golden Effie carpet by Brintons was designed in collaboration with Timorous Beasties. Priced £89.99 per sq m.

GET INSPIRED

Japanese-inspired flora and fauna can be pared back but still add interest



Play with paint
We all know that a fresh coat of colour can change the look of a room, right, but what about changing things up by experimenting with different effects and techniques? Try painting block sections of the walls in different, complementing shades from the same palette, contrasting bold tones or creating abstract effects with lines and geometric shapes.

Smoked Glass matt emulsion, from £14 for 2.5l; Steam Engine Period Collection Flat matt emulsion, from £23 for 2.5l, both Crown.

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WORK YOUR WINDOWS

Make more of your glazing by layering different décor treatments to create a bespoke-style, hotel-inspired look. Mix blinds with curtains, voiles beneath drapes or go big on the details with a pelmet and large, decorative curtain ties. Try fitting your chosen options from the ceiling to the floor for added luxe – it'll help make your bedroom height feel taller. >

The Tetbury Blush curtains, from £163 for 127cm w x 137cm, are paired with the Motto Powder Blush roller blind, from £83, Hillarys.



This Pow Wow artwork, £2195, really stands out when paired with the dark Sage headboard in Wales Navy fabric, £75 per sq m, both Andrew Martin.

ADD ARTWORK

Choosing a piece of art for your scheme is a very personal process and you should only purchase something you truly adore. If you are at the beginning of your new bedroom design process, then a piece of art could help you determine the colour palette and style of the rest of your space.



LINDSAY SAYS...

Neon lighting really is still having a moment. Add fun and personality to your space with a bespoke design in your favourite word or saying.



Blend with your bedding

"New linen is an effective way to instantly change up your scheme," says Zoe Stewart, decorative bedding buyer at John Lewis & Partners. "A stylish duvet helps add interest and creates a focal point. For real impact, opt for striking, boldly coloured patterns, layering cushions and accessories in contrasting or complementing tones." Using linens as a statement also allows you to easily, quickly, and affordably change the look depending on the season or current trends, so your room always feels refreshed. You can even go as far as to incorporate the colours and pattern into the rest of your scheme, for example on the walls. **KBB**

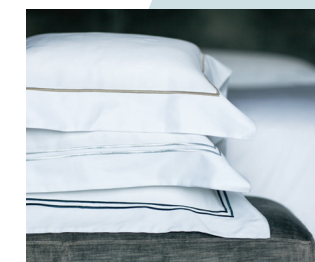
above The Delphiniums mint bedding set by Sanderson has an abstract floral design printed on 200-thread count cotton. Priced from £90 for a single duvet cover, it is available from Style Library.

For stockists turn to p156



Beauty sleep

Interior designer Sari Winkworth and her daughters set up organic cotton bedding brand White & Green. Think quality pillowcases, duvet sets, and sheets that feel softer after each wash. From £133.96 for a plain single duvet set.



The future is here

There are now **15 MILLION SMART HOMES** in Britain, according to a study conducted by Onepoll. To count, a household had to feature smart lighting, security, appliances, or all of the above – would yours be included?



A step back in time

I recently visited Ted Todd's London showroom to take a look at the collections in person. I discovered

the Rare Finds range, which includes pine extracted from Winston Churchill's War Office. If only these floors could talk.

Light the way

Beloved department store BHS is back with a bang – or should I say an impressive lighting range. I'm a big fan of this terrazzo base with cylinder shade, £35, available to buy online.

